

# LONG-TERM TRAVEL PREP E - GUIDE

*from The Boho Traveller*

Hi! I'm Sydney

And I am the gal behind  
The Boho Traveller, a  
blog turned travel  
agency founded in 2016.



From day one The Boho Traveller was always about getting people abroad. It started with an onslaught of questions from distraught Americans asking me how they too, could move to Italy.

I wrote one post about it, and the rest is history.

A year abroad on a visa did wonders for my soul and completely changed the course of my life, and without it I would not be in the position I am today, crafting this guide for you.

None of my moves abroad have been conventional (I've done this four different times and four different ways, and I am currently working on a FIFTH!)

My goal with this e- guide is to help you launch your expat dreams and to start the process! It's a big and scary move but I have total faith that you can do it!

So let's dive on in! If you have any questions please reach out to me on INSTAGRAM (I love to connect over there!!)

CONGRATS, FRIEND! The first day of your new life starts today!

Travel Slow,  
Sydney - The Boho Traveller

## Long Term Travel

# PRE-DEPARTURE CHECKLIST

### 1 YEAR - 6 MONTHS BEFORE DEPARTURE

- Renew passport if needed
- Brainstorm Destinations
- Begin applying for jobs / setting up your business to be fully remote
- Begin Apartment/Home Hunt and Research
- decide if you will rent / sell / give up your apartment/ home and discuss with landlord or make listings

### 3-4 MONTHS BEFORE DEPARTURE

- finalise destination and apply for any needed visas and tax codes
- set up international/multi-currency bank account - we recommend [WISE](#)
- Lock in housing situation (at least for first month!)
- do all routine doctor check ups and get extra medications as needed
- Get vaccines (if needed)
- book flights

### 2 MONTHS BEFORE DEPARTURE

- finalise pending jobs if applied - close out any you are not accepting
- begin checklist of what you will take/sell/leave in storage
- if you work remotely-let clients know of your move & upcoming time zone change

## 1 MONTH BEFORE DEPARTURE

- make time for friends and family
- purchase any travel/life essentials you may need (Visit our Amazon Shop)
- arrange arrival transfers - if you have a lot of luggage you will need this!
- take things you will not need or are leaving to storage unit
- set up international phone plan on your domestic line (I use Google Fi/Voice)
- purchase portable wifi device (essential for digital nomads!)
- purchase unlocked cell phone (you will need this to get a local foreign SIM)
- inform current clients of upcoming OOO travel dates (you will want time off to get settled in)
- purchase long term travel insurance (We recommend World Nomads)

## 1 WEEK BEFORE DEPARTURE

- pack bags
- reconfirm arrivals with new landlord and transfer company
- final email reminder to clients of move and OOO dates
- Set OOO on email autoresponder

## AFTER ARRIVAL

- let your friends and family know of your arrival
- set up local phone number
- purchase in destination life essentials
- finish off any in destination visa requirements \*many companies require announcement of arrival
- make copies of apartment keys (if allowed/required)
- set up any local bank accounts needed
- email clients of return to office when ready
- get involved in the community and make friends!

# Brainstorming

## NOTES

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TO START



OK



DELAY



STUCK



CANCEL

# Long Term Travel

# NEED TO KNOWS

## 5 EXPAT FRIENDLY COUNTRIES

PORTUGAL  
GERMANY  
CROATIA  
NEW ZEALAND  
SPAIN

## 5 PLACES TO FIND WORK WHILE ABROAD

WORKAWAY  
UPWORK  
FIVER  
REMOTE YEAR  
WORLDPACKERS

## 5 PLACES TO FIND ACCOMODATION ABROAD

IDEALISTA (SPAIN, PORTUGAL)  
IMMOBILIARE (ITALY)  
FLATIO  
LOCAL FB GROUPS  
LOCAL REAL ESTATE AGENTS

## OTHER IMPORTANT LINKS

WISE - FOR INTERNATIONAL BANKING  
REVOLUT - FOR INTERNATIONAL BANKING  
WORLD NOMADS - LONG-TERM TRAVEL INSURANCE  
LUGGAGE FORWARD - SHIP YOUR LUGGAGE & BELONGINGS AFFORDABLY

## OTHER THINGS TO CONSIDER

CONSIDER TEACHING ENGLISH ABROAD WITH A TEFL AS A WAY TO GET A VISA

SAVE LOTS OF MONEY BEFORE YOU GO! MOVING IS EXPENSIVE AND INTERNATIONALLY IS NOT AN EXCEPTION

REMEMBER TO TIE UP YOUR LOOSE ENDS - CANCEL THINGS LIKE GYM MEMBERSHIPS, SUBSCRIPTION SERVICES, ETC. THAT YOU WILL NOT NEED WHILE YOU ARE ABROAD

STAY AS ORGANIZED AS POSSIBLE! WE RECOMMEND CREATING A GOOGLE FOLDER WITH ALL OF YOUR IMPORTANT INFORMATION AND DOCUMENTS AND KEEPING A SPREADSHEET OF HANDY INFORMATION

STICK TO YOUR BUDGET! IT IS EASY TO GET OVERSEAS AND IMMEDIATELY START BLOWING YOUR BUDGET BECAUSE YOU ARE EXCITED. REMEMBER THIS IS FOR THE LONG RUN, SO STICK YOUR SET BUDGET AND TRUST THE PROCESS

CONSIDER YOUR TRANSPORTATION OPTIONS - IS WHERE YOU ARE MOVING WALKABLE? WILL YOU NEED A CAR? BIKE? BUS? THIS CAN BE A DECIDING FACTOR WHERE YOU MOVE

SET UP YOUR BUSINESS IN ADVANCE - MANY "DIGITAL NOMAD" VISAS WILL REQUIRE PROOF THAT YOU ARE EARNING A LIVABLE WAGE AT EAST 1 YEAR PRIOR TO YOUR VISA APPLICATION DATE, SOME MORE. THE SOONER YOU SET UP YOUR ONLINE BUSINESS VIA REMOTE WORK OR YOUR OWN SERVICES, THE BETTER. ENSURE THIS IS TRACKABLE INCOME AND BE SURE TO DO ALL THINGS LEGALLY, NOT UNDER THE TABLE AS YOU WILL NEED PROOF